

Cuyahoga Falls Parks & Recreation Summer Programs; May 1-August 31, 2026



EDUCATIONAL PROGRAMS

**All Classes with “*” require registration.
To register, call 330-971-8225
or scan the QR code**



***SCAMS- Tues., May 12 or Thurs., Aug 20, 10am-11:15am @ The Natatorium; Free-** This class provides practical advice on how to recognize scams, avoid becoming a victim, and what to do if you suspect you've been targeted.

***Social EYES - 2nd Friday of each month from 10:30am - 12pm @ Quirk; Free-** Join us for some fun and low vision friendly recreation, along with some light education about the newest technology to make life more manageable.

***Welcome Summer with Garden Flowers- Wed., June 17, 9am-10:30am @ 2473 State Road, Cuyahoga Falls; \$40/person-** Round up your friends and family & create a beautiful summer floral arrangement to welcome the season. For ages 18+.

***Declutter and Organize, Strategies for a Lifetime of Accumulation- Thurs., June 18, 2pm-3pm @ The Cuyahoga Falls Library OR Tues., June 30, Noon-1 pm @ The Natatorium; Free-** Helping people part with sentimental belongings isn't just about moving boxes—it's about gently guiding them through memories while creating a safer, more manageable living space.

***The Great Goat Visit- Thurs; June 18, 11am-Noon @ 4059 Northampton Rd. Cuyahoga Falls; \$5/person-** Learn about the daily workings of a goat farm, meet the friendly residents who call it home, and enjoy some snuggles with the newest baby goats. All ages welcome.

***“Jaws” – 50 Years of Terror- Tues., June 23, Noon-1pm @ Lions Lodge, 641 Silver Lake Ave. Cuyahoga Falls; Free-** Still afraid to go back in the water? Celebrate 50 years of Jaws as we dive into the film, its cast, and the infamous shark—then join us June 26 for Friday Night Flicks in Downtown Cuyahoga Falls to watch it on the big screen. All ages welcome.

***Boutique Tour & T-Shirt Design; Wed., June 24, 11am-1pm @ 111 Portage Trail, Cuyahoga Falls; \$20/person (includes t-shirt and light refreshments)-** Tour a welcoming downtown Cuyahoga Falls shop and creative space featuring handmade goods from talented local women-owned businesses, then get creative and design your own T-shirt using a variety of prints. For ages 18+.

***Traitor! The Tragic Tale of Benedict Arnold- Wed., July 8, Noon-1pm @ The Natatorium; Free-** How could Colonial America's most renowned battlefield general become the most despised man in America? Here is the sad tale of an ex-patriot who sought honor and glory but received the opposite.

***Scone Sweet Scone; Mon., July 13, 10-11am @ 69 Graham Rd. Suite 1A, Cuyahoga Falls; \$8/person-** Visit a local bakery and learn how to make delicious, bakery-style scones from scratch. Discover simple techniques and tips to create perfectly tender, flavorful scones you can enjoy at home. Registration begins June 10 @ 9 am

***Whodunit? Clue Game Hour- Thurs., Aug. 13 from Noon-1pm @ Quirk Cultural Center; Room #207; Free-** Step into a world of mystery for an hour of fun playing the classic board game Clue. Join friends—or meet new ones—as you gather clues, solve the case, and compete for prizes for cracking the mystery first. For ages 18+

***Glory Days – The 1964 Cleveland Browns- Fri., Aug. 21, Noon-1pm @ The Natatorium; Free-** It has been nearly 60 years since the Cleveland Browns won the NFL Championship. But when they were good, they were VERY good. This is the remarkable story of how the Browns won it all in 1964.

EDUCATIONAL PROGRAMS



***Internet Safety- Wed., Aug. 26, Noon-1pm @ The Natatorium; Free-** In this class, we will focus on using the internet safely. Attendees will learn how to browse the internet, recognize misinformation and scams, navigate privacy settings, and password protection options.

***Misjudged: Rethinking the Truths of Our Backyard Wildlife- Thurs., Aug 27, Noon-1pm @ The Natatorium; Free-** Join us for a journey into the lives of our often misunderstood backyard animals. From opossums to coyotes and snakes to skunks, discover how common perceptions can overshadow the important benefits these creatures provide to our environment—and to us.



CREATIVE PROGRAMS

***Everlasting Blooms; A Pressed Flower Craft; Thurs., July 9, Noon-1:30pm @ The Natatorium; \$22/person-** Create a beautiful hanging glass frame decorated with real pressed flowers arranged into your own unique design. This hands-on craft turns delicate blooms into a lasting piece of botanical décor for your home. For ages 18+

***Glazeware Monthly Membership; Tuesdays or Wednesdays 9am-12pm @ Quirk; \$35-** Use our glaze-your-own studio to complete a beautiful ceramic piece of art! Memberships run 4-weeks and include all supplies, glaze and firing.

****Read 'em & Steep" Tues., July 14 OR Thurs, July 30, 11 am-12:30 pm @ The Natatorium; \$12/person-** Join us for a relaxing dual-craft workshop where you'll create a custom tea blend and a hand-embroidered tea-bag bookmark. Suitable for all skill levels, you'll leave with a unique infusion and a charming keepsake. Spots are limited—registration opens June 8th @ 9am; for ages 18+.

***Night Glaze- Third Wednesday of the month; 5:45pm-7:45pm; @ Quirk; \$20-** Learn glaze techniques and patterns to create a beautifully hand-painted ceramic piece.

Quirky Stitchers -Wednesdays; 1pm-4pm @ Quirk; Free- Open to all needle crafters (no age restrictions): crocheters, cross stitchers, needlepoint, knit, and crewel. Come as long as you wish during scheduled hours.

***Celestial Beading: Create your own beaded suncatcher- Fri., Aug 14, 11am-Noon @ The Natatorium; \$8/person-** Brighten your home in this beginner-friendly workshop where we'll transform natural branches and colorful beads into radiant suncatchers. For ages 18+

***Watercolor Workshop- First & third Saturdays of the month @ Quirk; 10am-12pm; \$12/session-** Learn the basics of color mixing, brushstrokes and composition. Supplies are provided and registration is required.

***Pottery- @ Quirk; TBD;** Get creative with pottery at Quirk! From beginners to advanced artists, our daytime and evening classes make it easy for everyone to find the perfect fit. Space is limited; registration required.

Chair Caning- Mondays; 9am-2pm @ Quirk; Bring your own supplies- Learn 7 step caning, press cane, rush, twill and shaker tape. Bring your own chair and we will help you select the materials you'll need in order to complete your project.

***RecreART; First Tuesday of the month from 6pm-7:45pm @ Quirk; \$12/session-** Learn paint techniques & style to recreate famous artworks including pop art, illustration, cubism and modern art.



ACTIVE PROGRAMS

***Chair Yoga- Tuesdays & Thursdays: 9am-9:45am @ Quirk; Free-** Practice yoga sitting in a chair to stretch and strengthen your way to a happier you! This class is designed for all ages and skill level to help improve mobility limitations, flexibility, strength, balance & reduce stress.

Silver Pilates-Wednesday's from Noon-12:45 pm @ Quirk starting 5/27; Quirk; Free- This class is designed to focus on core, posture, strength & balance utilizing weights, bands and a chair. All equipment is provided!

SilverSneakers Classic Fitness Class- Wednesdays, 10:30am-11:15am & Fridays; 10:15am-11:00am @ Quirk; Free- 45 minutes of strength & cardio utilizing chairs, balls, weights & resistance tubing. All ages and ability level welcome. You do NOT have to be a SilverSneakers member to participate.

***Adult Ballet - Tuesdays at 5pm and 6pm; Thursdays @ 5pm; \$10/class @ Quirk-** Class consists of barre, stretching, and center work. The class is designed to improve balance, flexibility, and coordination while moving to classical dance music. Socks or ballet slippers are required.

***Senior Ballet Movement Mondays 11:30am - 12:15pm & Thursdays 3pm-3:45pm @ Quirk; Free-** This class is designed to encourage mobility and grace through exercises to music with the support of the ballet barre. Emphasis on posture, muscle awareness and moving with confidence .

Northampton Town Hall Fitness Classes; Free; 851 West Bath Rd, Cuyahoga Falls-
Tuesdays: Zumba-6pm-7pm & YOGA-7:15pm- 8:15pm- Join us for an evening of dancing and relaxing!

Strollers/Walkers- Tuesdays 9am-10am; Free- Meet @ Quirk- Get ready to go on a group walking trip to hike area parks and enjoy the wonders of nature!

***Cuyahoga River Kayaking Classes @ Water Works Park Little Stone Shelter; \$30 per person-** Introduction to river kayaking taught by ACA certified instructors. Participants will learn basic paddling strokes, kayak safety & rescue techniques. All necessary safety equipment is provided and included with the class registration fee.

Fri. 6/26 - 8:30am-1pm-Active Adult Class - Ages 55+
Fri. 7/17 - 8:30am-1pm - Family Edition -Ages 12+
Fri. 8/7 - 8:30am-1pm - Active Adult Class - Ages 55+

***Senior Scoot- First Friday of May, June, and August at 3pm @ Quirk; Free-** This lively class for ages 55 and over will have you moving and grooving, staying active, and meeting new friends. No experience needed. This class is designed for all skill levels to enjoy. Dances can be modified to be done in a chair, as well! Space is limited, please register in advance.

BODY & MIND WELLNESS SERIES

***Qigong's Four Golden Wheels Exercise; Tues., May 26, 9am-10am @ The Natatorium (Hopewell Room); Free-** Explore the four energy centers—Wisdom, Love, Vitality, and Harmony—through simple exercises and mindful breathing. These playful movements help reduce stress, build strength, and leave you feeling more balanced and energized.

***Tai Chi for Health, Balance and Strength: Tues., June 23, 9am-10am @ QUIRK, Room #315; Free –** Often called “Meditation in Motion,” Tai Chi uses gentle, flowing movements and breath to improve relaxation, strength, flexibility, balance, and overall well-being.

*** “Bird Wings” Three Treasures Qigong; Tues., July 28, 9am-10am @ The Natatorium (Hopewell Room) Free –** This moving meditation awakens and activates your energy centers and Central Meridian, helping connect the Three Treasures—Earth Qi, Heaven Qi, and Human Qi —your life-force energy.

COMMUNITY PROGRAMS

Community Puzzle- Daily at Quirk; Free
Stop by Quirk Cultural Center to help put the pieces of the community puzzle together. Stay as long as you'd like; Relax, unplug and add a piece - or 200! No registration; puzzle lovers are welcome to come any time during the building's normal working hours.

Community Sketchbook- Free at Quirk-
Take home the Community Sketchbook (or hang out in the community room) and fill your own page with a drawing, poem, or anything else you can think of. When the sketchbook is full it will become a permanent part of Quirk's collection for everyone to see!

Cuyahoga Falls Community Band Summer Concert Series - Thursdays in June and July, 7pm-8pm @ select parks throughout the city; Free- Enjoy Summer with the Community Band! Join us for our Free Summer Concert Series on select Thursdays in June and July at parks throughout the city. Bring a chair, relax, and enjoy the music! Schedule TBA.

Community Band Membership-Thursdays from 6pm-7:30pm @ Quirk; Free (volunteer) - The Cuyahoga Falls Community Band is seeking new members! Rehearsals are held weekly at Quirk, leading to seasonal concerts & summer performances in local parks. Open to all band instrument players. Call Quirk at 330-971-8425 for details.

Outliers Big Band Concert -Monday, June 8 at 6pm @ Quirk; Free- Join us for a fun and exciting outdoor concert on the lawn featuring the Outliers Big Band. This Free concert is open to all ages, so bring the whole crew! Don't forget to bring a lawn chair or blanket!

Keyser Barn Concert Series-
The Keyser Barn Summer concert series will feature three Free outdoor concerts featuring a variety of musical genres. We'll see you at the Keyser Barn June 14, July 12, August 9. Opening acts begin at 5pm

People Serving People- Second & fourth Tuesdays of the month from 9am-11:30am (except Holidays)@ Quirk; Free- This group focuses on making items for patients in nursing homes such as lap robes, feeding bibs, walker and wheelchair bags and neck pillows. Other items made are medicine bags, suction cup and foley bag covers. Sensory bibs and memory books are also provided for Alzheimer's patients. All are welcome!

National Night Out; Tuesday, August 4 from 4:30pm-7pm at the Cuyahoga Falls City Hall Campus; Free- Mayor Don Walters and The City of Cuyahoga Falls Police Department are excited to invite the community to join us for National Night Out. Make sure to bring the whole family! Free hotdogs/water, Inflatables, Games, Character Visits, Giveaways, K-9 Demos, Safety Forces Vehicles, and more!

Tubas on the Lawn and Ice Cream Social - Tuesday, August 11 at 6pm @ Quirk; Free- Bring a blanket or lawn chair and enjoy a relaxing summer evening on the front lawn of the Quirk Cultural Center with a special performance by the Northeast Ohio Tuba Euphonium Ensemble, followed by a delightful ice cream social! In the event of inclement weather, the performance will be moved indoors at the Quirk Cultural Center.

Mobile Rec: June 1-July 23; Free 8-week program for children of all abilities!
Parks and Recreation staff will bring games, activities, sports, crafts, and FUN to your neighborhood park this summer. Our mission is to offer safe, local, free programming that allows kids to get outside and be active with their peers during the summer months. Adult supervision is required.

Mondays and Wednesdays (June 1 - July 22)
1. Woodridge Elementary - 10:00am - 10:45am
2. Keyser Park (fields) - 11:00am - 11:45am
3. Quirk Cultural Center - 12:30pm - 1:15 pm
4. Oak Park - 1:30 pm - 2:15 pm

Tuesdays and Thursdays (June 2 - July 23)
1. Water Works Park - 10:00am - 10:45am
2. Preston Playground - 11:00am - 11:45am
3. Lions Park - 12:30pm - 1:15pm
4. Linden Park - 1:30pm - 2:15pm



COMMUNITY PROGRAMS

America 250 Celebration; July 3, Friday evening; Free- Come join us and celebrate the 250th Birthday of the USA! Live music, food trucks, and fireworks in the downtown plaza! More details to be announced.

Flix on the Falls; Free- The City of Cuyahoga Falls Parks and Recreation Department is thrilled to announce the return of Flix on the Falls, bringing four fantastic family-friendly movie nights to downtown Cuyahoga Falls this summer. Get ready for an unforgettable experience filled with live entertainment, delicious food, and of course, movies under the stars! Mark your calendars for these can't-miss evenings, all kicking off at 6:30pm with the movie starting at dusk:

- June 26: JAWS
- July 10: LILO & STITCH LIVE ACTION
- July 24: JURASSIC WORLD: REBIRTH
- July 31: THE GOONIES

Picnic in the Park; Free- Join us for a picnic in the park from **5:30-7:00** pm each week at a different park! Free hot dogs, chips, and water provided by the Cuyahoga Falls Parks & Recreation Department!

- Wed., June 3: Preston School Park, **800 Tallmadge Rd.**
- Thurs., June 11: Quirk Cultural Center, **1201 Grant Ave.**
- Wed., June 17: Richardson School Park, **2226 23rd St.**
- Tues., June 23: Oak Park, **2250 12th St.**
- Tues., June 30: Lions Park, **641 Silver Lake Ave.**
- Wed., July 8: Linden Park, **241 Roanoke Ave.**
- Tues., July 14: Water Works Park-Little Stone, **2025 Munroe Falls Ave.**
- Wed., July 22: Woodridge Elementary School, **4351 Quick Rd.**



THINGS TO KNOW

How To Reach Us:

- Parks & Rec Office- 330-971-8225
- The Natatorium- 330-971-8080
- Downview- 330-971-8418
- Quirk Cultural Center- 330-971-8425
- Brookledge Golf Club- 330-971-8416
- Water Works Aquatics Center- 330-971-8433

Social Media:

Cuyahoga Falls Parks and Recreation
Cuyahoga Falls Natatorium

Website:

www.fallsnat.com
www.cityofcf.com/departments/parks-recreation

Monthly Newsletter: Be the first to know what's happening! Sign up for our monthly newsletter to receive the latest Parks and Recreation program and service updates at the start of each month. Sign up here: <https://www.cityofcf.com/departments/parks-recreation/subscribe-newsletter>

Program Registration: Classes are subject to change and require a minimum number of participants to run. To help ensure that your favorite classes aren't cancelled due to low enrollment, please register early!

All Classes with "*" require registration.
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