

Fall Activity Guide

SEPTEMBER
THRU
DECEMBER

2026



CITY OF
Cuyahoga Falls
MAYOR DON WALTERS



PARKS & RECREATION
Cuyahoga Falls

GENERAL INFO

ADMINISTRATIVE OFFICE

2310 Second Street, Cuyahoga Falls OH 44221
330.971.8225
cityofcf.com/parksandrec

CITY OFFICES CLOSED

Sept 7 - Labor Day	Dec 24 - Christmas Eve
Nov 11 - Veteran's Day	Dec 25 - Christmas Day
Nov 26 & 27 - Thanksgiving	Jan 1 - New Year's Day

Registration

1. Online with a credit card at cityofcf.com/parksandrec.
An account with [Amilia SmartRec](#) is required.
2. Over the phone with a credit card. Call the Parks and Recreation office at 330-971-8225 or the Quirk Cultural Center at 330-971-8425.
3. In person with cash, check, or credit card at the Parks and Recreation office or the Quirk Cultural Center. Checks made payable to City of Cuyahoga Falls. Visa, MasterCard, and Discover accepted.
4. Pre-registration is REQUIRED for all adult and youth classes unless otherwise noted. Classes have a minimum number of participants required and will be cancelled if not met.



Subject to Change

We aim to have the most accurate information available at publication, however, class dates, times, & prices may change.

Refunds/Cancellations

We reserve the right to cancel, postpone, combine classes, or change instructors. Participants assume the risk of changes in schedules/personal affairs when signing up for a class or program. No refunds unless a class is cancelled due to low enrollment; only then will a full refund be granted. Please allow 3-5 days for credit card refunds, 3-4 weeks for check and cash refunds.

Photograph Policy

Parks and Recreation employees may take pictures of participants in our programs, parks, and facilities for use in publications or on our website. By your registration and/or participation, you grant us permission to use these photos for publicity purposes only. Have a great photo from one of our programs? Email it to: parks@cityofcf.com.

Know what you're looking for?

Click on the sections below to jump to the correct page

BROOKLEDGE

Golf Club

MAKE YOUR TEE TIME WITH US



DRIVING RANGE

Grass Tees
Putting Green
Chipping Green



Outings & Leagues

Impeccable course for your
outing or special event.
Variety of Leagues.



Golf Lessons

Group, private and junior golf
lessons are available.

Scan Here



Brookledge
Golf Club



CONTACT US

1621 Bailey Road
Cuyahoga Falls, OH 44221

330-971-8416
www.brookledgegc.com

Click Here
for Current
Hours



DOWNVIEW

Sports Center

32 Driving Range Tees - 10 HEATED

Skate Park - FREE

18-hole Miniature Golf Course

Batting Cages

330-971-8418

www.cityofcf.com/downview

1617 Bailey Road
Cuyahoga Falls, OH 44221





WATER WORKS

FAMILY AQUATIC CENTER

Season Passes

Become a Season Pass Holder for the 2027 Season! Pass holders get early admission, discounted cabana rentals, and special pass holder only days all season long!

Season Passes On Sale
December 1, 2026

Opening Day
May 29, 2027

Contact Us

330-971-8433
2025 Munroe Falls Ave, CFO
cityofcf.com/places/water-works

Facility Amenities

- Slides - tube, body, drop, tot
- Zero-depth edge pool
- Lazy River
- Lap lanes
- Waterfalls
- Playground
- Changing rooms
- Concession stand
- Lockers
- Sun & shade areas
- Chairs provided
- Picnic tables & grills
- Rentable cabanas

330-971-8080

FALLSNAT.COM

THE NATATORIUM

HEALTH AND FITNESS CENTER

2345 Fourth Street
Cuyahoga Falls, OH 44221



SUMMER HOURS (MAY-OCT)

Monday - Friday: 5:30am - 9:00pm

Saturday: 7:00am - 7:00pm

Sunday: 9:00am - 7:00pm

Pool closes at 8:45pm (Mon-Fri) and 6:45pm (Sat-Sun)

There is something for everyone:

- Cardio & Strength Equipment
- Basketball & Racquetball Courts
- 1/8 Mile Indoor Track
- 80 Group Fitness Classes Weekly (land & water)
- Karate & Tai Chi classes
- Personal Training
- 21-Person Spa
- Aquatics Center with 4 Pools
- Men/Women Saunas
- Youth Fitness Programs & Camps
- Kids' Castle Babysitting
- Swim Lessons

NAT PROGRAMMING



Karate Kids

Auxiliary Gym | Natatorium

Ages 6-12. Classes are taught by black belts in 8 week sessions on Saturdays. Natatorium membership not required.

Session	Reg Opens	Time	Fee
Sept 5 - Oct 24	Aug 17	11:45 am - 12:45 pm	Res: \$50 NR: \$70
Oct 31 - Dec 19	Oct 12	11:45 am - 12:45 pm	Res: \$50 NR: \$70

Fit Kid Experience

Youth Fitness Center | Natatorium

Ages 7-13. Weekly classes and youth circuit workouts in a private youth fitness center to keep kids active and healthy! Classes are held on Mondays, Wednesdays, and Saturdays. A water class is available to Fit Kid Members only on Mondays and Wednesdays from 6:15-7 pm (limited capacity). Natatorium membership required. \$10/person assessment fee required before starting (includes workout shirt).

Swim Lessons

Aquatic Center | Natatorium

Sessions are 6 weeks long. Cuyahoga Falls Residents and Annual Members may register first. Class size is limited so register early! Natatorium membership not required.

Fall Session	Registration Dates	Fee
Tues, Thurs, or Sat Sept 22 - Oct 31	Res/Member: Sept 14-19 NR: Sept 16-19	Res/Member: \$58 NR: \$68

For children ages 7-15 who have completed Level 3 swim lessons but want to keep swimming, check out the Natatorium Swim Club! Click here or call 330-971-8398 for more info.

[click here for the current class schedule for](#)

LAND FITNESS

Karate

Auxiliary Gym or Group Fitness B | Natatorium

Ages 12+. Classes are taught by black belt certified instructors. Natatorium membership required. Uniforms are not required for the first class. Current session runs October-December.

Level	Room	Time	Fee
All levels (Mon + Wed + Sat)	M/W: Grp Fit B Sat: Aux Gym	M/W: 7:15-8 pm Sat: 1-3 pm	\$65/ session
Advanced Rank (Mon + Wed)	Group Fitness B	8-8:30 pm	\$65/ session

T'ai Chi

Group Fitness B | Natatorium

Ages 14+. Classes are taught by a T'ai Chi Ch'uan & Qi Gong certified instructor. Natatorium membership required. Current session runs October-December.

Level	Day	Time	Fee
Beginner	Tuesdays	4:30-5:30 pm	\$45/session
Intermediate	Wednesdays	6-7 pm	\$45/session
Advanced	Wednesdays	4:45-5:45 pm	\$45/session

[click here for the current rates for](#)

MEMBERSHIPS & DAILY PASSES

Personal Training

Natatorium

Intro package (assessment + two sessions) for \$125 plus tax. All sessions are one-on-one with a certified personal trainer and last for one hour. Team personal training also available (2 participants max).

Pilates Reformer

Conference Wing Corridor | Natatorium

Ages 18+. Intro package (three sessions) for \$100 plus tax. All sessions are one-on-one with a Pilates Reformer trainer and last for one hour.

PARTIES/RENTALS

SPLASH PARTIES

Neptune Room (Natatorium Aquatic Center)

Includes 3 hours in the Neptune Room and up to 20 admissions. Available on Saturdays and Sundays from 1:30-4:30 pm. Cost: \$400. Call 330-971-8087 for more info.

CONFERENCE & BANQUET CENTER

Cuyahoga and Hopewell Rooms

Standard set ups: banquet (Cuyahoga - 70 ppl), seminar (Hopewell - 60 ppl). Each room is \$100/hour/room, or \$600/day/room, plus \$200 refundable deposit. Kitchens included. All fees and deposit are due in full at time of booking, call 330-971-8087 to reserve.

[click here for the current class schedule for](#)

WATER FITNESS



PICKLEBALL AFTER DARK

Clowback to 2016. Grab your
crew for the hottest hits of
the era and experience
Pickleball like never before



Saturday September 26
9pm

Natatorium



KEEP COMING
FOR MORE FUN!
➔

NORTHAMPTON TOWN HALL FITNESS CLASSES

Join us at a new
location for an
evening of
dancing & relaxing!
Take Zumba and/or
Yoga for FREE!



TIME

6 PM-7 PM- ZUMBA
7:15 PM-8:15PM- YOGA



COST

FREE



DATE

TUESDAYS



LOCATION

NORTHAMPTON TOWN HALL
851 WEST BATH ROAD, CUYAHOGA FALLS

FOR AGES 14+

KEEP GOING
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QUIRK

CULTURAL CENTER

for ages 1 to 100!

Youth & Adult Classes

Quirk offers a wide variety of classes including toddler music & movement, youth ceramics, junior ballet, pottery, ceramics, watercolor, painting, and more!



Come by Quirk's community room on the first floor for free coffee and learn more about the programs!



330-971-8425
cityofcf.com/places/quirk

1201 Grant Ave
Cuyahoga Falls OH 44221

Hours: 8 am - 8 pm (Mon-Thurs), 8 am - 5 pm (Fri), 9 am - 1 pm (Sat)

Youth Programs at Quirk Cultural Center

INTRO TO BALLET

AGES 3-5

An introductory class to learn the basics of posture, technique, ballet terminology, and the 5 ballet positions.

BEGINNER BALLET

AGES 6-16

An introductory class to learn ballet terminology, technique, and movement. Classes will follow a traditional ballet class format which includes warm-up, center movement, across the floor, and simple choreography.

FAMILY PAINT PARTY

OCTOBER AND DECEMBER

Fun for the whole family (ages 2+)! October is a Halloween themed candy dish and December is a hot cocoa mug. Each paid participant will receive an item to paint. Adults are encouraged to participate and finished items can be picked up one week from class date. Registration opens September 1 for the October class and November 1 for the December class.

HOMESCHOOL CLASSES

FEE: \$8

Choose from dance (ages 5-18) and music (ages 5-8). Classes take place once per month on Mondays.

PAINT PARTY

AGES 2+

With participating caregiver. Paint your own ceramics! Includes one ceramic item to paint and accompanying themed activities. Painted items will be glazed, fired, and available for pick up at Quirk one week from class date. All classes take place on Mondays and registration opens the first of the month for each month's paint party.

WEDNESDAYS

SEPT 16 - DEC 17

4:00 - 4:30 PM

FEE: \$8

Class fees are per class for each participant

MONDAYS

SEPT 14 - DEC 7

5:30 - 6:15PM

FEE: \$8

SATURDAYS

OCT 17; DEC 5

10:00 - 10:50AM OR

11:00 - 11:50AM

FEE: \$12

Pre-registration is required.

KEEP COMING FOR MORE FUN!

4:00 - 5:00PM

FEE: \$8

Sept 14	Sports Mug
Oct 19	Jack-O-Lantern Plate
Nov 9	Thanksgiving Pumpkin
Dec 14	Ornaments

MELODY MAKERS

EARLY CHILDHOOD
MUSIC & MOVEMENT

Mondays

9:30AM & 10:30AM



QUIRK CULTURAL CENTER



DANCE STORYTIME

EARLY CHILDHOOD
STORIES & MOVEMENT

Fridays

10:30 - 11:15AM



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FOR MORE FUN!
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Quirk Cultural Center



FALL FAMILY FUN FEST



Cuyahoga Falls
MAYOR DON WALTERS

SATURDAY
OCT 3RD
2026
2 - 5 PM

FREE



Scan to make this map mobile!



TREE LIGHTING AT 6 PM.
FOLLOWED BY THE DRONE
LIGHT SHOW

City of Cuyahoga Falls

Tree Lighting Event

November 28th, 4:30-6:30 PM @ City Hall



Cuyahoga Falls
MAYOR DON WALTERS



Adventure Map Legend

STATION	CHARACTER	GIVEAWAY	ACTIVITY
CONCERT & COCOA	BUDDY THE ELF	HOT CHOCOLATE	LIVE ENTERTAINMENT @ CHURCH SQUARE
GRINCH & GLOW	THE GRINCH	GLOW STICKS	SNOW GLOBE
POLAR PLACE	FRODO THE SNOWMAN	CRAFT	ICE CARVING
REINDEER STABLES	RUDOLPH	REINDEER ANTLERS	LIVE REINDEER
NORTH POLE POST	MRS. CLAUDE	COOKIES	MAIL LETTERS TO SANTA
ELF VILLAGE	SANTA'S ELVES	MINI TOY	TRAIN RIDES

Church Square Activity Schedule

FIRST CHRISTIAN CHURCH- HOT COCOA 4:30-6:30 PM

ST. JOHN'S CHURCH- COMMUNITY BAND CONCERT 4:30 PM

FIRST UNITED METHODIST CHURCH- COMMUNITY CHORUS CONCERT AT 5:00 PM

KEEP COMING
FOR MORE FUN!

Adult Programs at Quirk Cultural Center

POTTERY

POTTERY STUDIO

Studio classes are offered on a multi-week session schedule with options for all skill levels. Space is limited. Sessions run from 4-5 weeks depending on holidays and instructor availability. Open studio time available on day of class starting at 9 am.

Daytime Classes

Mondays: advanced

Tuesdays: beginner II

Wednesdays: intermediate/advanced

Thursdays: all skill levels

Fridays: beginner I

Evening Classes

Mondays or Thursdays: all skill levels



DAYTIME 1:30 - 4:30PM

MONDAYS

TUESDAYS

WEDNESDAYS

FRIDAYS

DAYTIME 2:00 - 5:00PM

THURSDAYS

EVENING 5:30 - 8:00PM

MONDAYS

THURSDAYS

Fall II Pottery
registration
opens October 4

KEEP COMING
FOR MORE FUN!

GLAZEWARE MONTHLY

GLAZEWARE STUDIO

Use the glazeware studio to complete a beautiful piece of ceramic art from start to finish! Monthly members select a custom poured item and use studio supplies and glazes to complete it in 4 weeks.

Open studio time is also available from 9AM - 12PM on Thursdays for \$5 PER DAY. Schedule follows Monthly Membership.

TUESDAYS OR WEDNESDAYS

9:00AM - 12:00PM

FEE: \$35 PER MONTH

Pre-
registration
is required



NIGHTGLAZE

GLAZEWARE STUDIO

Learn glaze techniques and patterns to create a beautiful hand-painted ceramic piece. Class participants complete one pre-selected item per class. All classes take place on Wednesdays.

5:45 - 7:45PM

FEE: \$20 PER CLASS

SEPTEMBER 16 - BRUSH CADDY

OCTOBER 21 - PUMPKIN DECOR

NOVEMBER 18 - PIE PLATE

DECEMBER 9 - MUGS

SOCIAL EYES

AGES 16+

A social group for those who have difficulty seeing the world around them. Enjoy low vision friendly recreation and learn about new technology.

SEPT 11 - OCT 9 - NOV 13 - DEC 11

FRIDAYS

10:30 AM - 12:00 PM

FEE: FREE

ADULT BALLET

STRENGTH, BALANCE,
COORDINATION

Tuesdays 5:00 & 6:00 PM
Thursdays 5:00PM



QUIRK CULTURAL CENTER



CITY OF
Cuyahoga Falls
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FOR MORE FUN!
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UKULELE CLASS

A FUN, SOCIAL
EXPERIENCE LEARNING
THE UKULELE!

Tuesdays 6:45 - 7:30PM



WATERCOLOR WORKSHOP

CREATE YOUR
OWN MASTERPIECE

Saturdays @ 10am



KEEP GOING
FOR MORE FUN!
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RECREART

RELAX AND
CREATE!

First Tuesday of each month
6:00 PM



QUIRK CULTURAL CENTER



RAKU WORKSHOP

WITH
JACK VALENTINE

Saturday, October 10

Registration opens:

Cuyahoga Falls Residents: Sept 13 at 9am

Non-residents: Sept 14 at 12pm

QUIRK CULTURAL CENTER



JOIN THE BAND!

CUYAHOGA FALLS
COMMUNITY BAND

Thursdays 6 - 7:30PM



KEEP GOING
FOR MORE FUN!
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SENIOR BALLET MOVEMENT

INCREASE MUSCLE AND
MOBILITY AWARENESS WITH
GENTLE BALLET MOVEMENTS

MONDAYS 11:30AM
THURSDAYS 3PM

QUIRK CULTURAL CENTER



SENIOR SCOOT

LINE DANCE CLASS
FOR AGES 55+

First Friday of the Month
3:00PM - 4:30PM



KEEP GOING
FOR MORE FUN!



PLAY AMERICAN MAH JONGG

Mondays
1p-4p



KEEP GOING
FOR MORE FUN!

THE SIEBERLING LEGACY; THE FAMILY BEHIND STAN HYWET HALL



**TUESDAY, SEPTEMBER 22, 10:45-NOON @
THE NATATORIUM; \$15/PERSON**

MAKING SENSE OF SOCIAL SECURITY



**WEDNESDAY, SEPTEMBER 23, 11 AM-NOON @
THE NATATORIUM; FREE**

**KEEP GOING
FOR MORE FUN!**

**AMERICAN STANDARD
SONGBOOK: THE MUSIC
OF GEORGE GERSHWIN,
COLE PORTER, JEROME
KERN, AND MORE!**



**WEDNESDAY, SEPTEMBER 30, 11 AM-NOON
@ FIRST UNITED METHODIST CHURCH; FREE**

**AUTUMN CUTIE FLORAL
ARRANGEMENT:
HOLIDAY
ARRANGEMENT
WORKSHOP**



**TUESDAY, OCTOBER 6, 9:00 AM-10:30 AM @
2473 STATE ROAD, CUYAHOGA FALLS;
\$30/PERSON**

**KEEP GOING
FOR MORE FUN!**
→

**SPOOKY TRADITIONS:
THE HAUNTED HISTORY
OF HALLOWEEN
AROUND THE WORLD**



**FRIDAY, OCTOBER 9, 11:45 AM-1 PM @ THE
NATATORIUM; \$8/PERSON**

**HOLIDAY SIMMER POT
MAGIC: FRAGRANT
TRADITIONS FOR THE
SEASON**



**THURSDAY, OCTOBER 15, 10:00 AM-11:00 AM
@ THE NATATORIUM; \$12/PERSON**

KEEP GOING
FOR MORE FUN!
→

**DECLUTTER AND
ORGANIZE:
STRATEGIES FOR A
LIFETIME OF
ACCUMULATION**



**FRIDAY, OCTOBER 16, 11:00 AM-NOON @ THE
NATATORIUM; FREE**

TWIST AND TASTE; HANDS ON PRETZEL MAKING CLASS



**MONDAY, OCTOBER 26, 9 AM -10 AM OR 11
AM-NOON @ 69 GRAHAM RD. STE. 1A,
CUYAHOGA FALLS; \$8/PERSON**

**KEEP COMING
FOR MORE FUN!**

MEDICARE 101



**WEDNESDAY, OCTOBER 28, 9:30 AM- 10:30 AM @
THE NATATORIUM; FREE**

INTRO TO TECHNOLOGY



**WEDNESDAY, OCTOBER 28, NOON-1 PM
AT THE NATATORIUM- FREE**

**KEEP COMING
FOR MORE FUN!**
→

C'MON CAVS! THE HISTORY OF THE CLEVELAND CAVALIERS



**THURSDAY, OCTOBER 29, NOON-1 PM @ THE
NATATORIUM; FREE**

Cuyahoga Falls Parks & Recreation Programs

September 1-December 31, 2026

[Click for more!](#)



EDUCATIONAL PROGRAMS



Classes marked with an asterisk (*) require registration.
To register, call 330-971-8225 or scan the QR code.

***The Seiberling Legacy: The Family Behind Stan Hywet Hall; Tuesday, September 22, from 10:45 am-Noon @ The Natatorium; \$15/person-** Enjoy a light lunch while exploring the history of the Seiberling family, founders of Stan Hywet Hall, and their influence on industry, philanthropy, and the creation of one of Ohio's most iconic historic estates.

***Making Sense of Social Security; FREE**

- **Wednesday, September 23, 11 am-Noon @ The Natatorium OR**
- **Wednesday, December 9, 11 am-Noon @ The Natatorium**

Learn about eligibility requirements, spousal and survivor benefits, working while receiving benefits, and common mistakes to avoid.

*** American Standard Songbook: The Music of George Gershwin, Cole Porter, Jerome Kern, and more! Wednesday, September 30, 11 am-Noon @ First United Methodist Church, 245 Portage Trail, Cuyahoga Falls; FREE-** Discover and enjoy music from the legendary composers who helped shape the Great American Songbook, discovering the timeless melodies and unforgettable standards that continue to influence music today.

***Spooky Traditions: The Haunted History of Halloween Around the World; Friday, October 9, from 11:45 am-1 pm @ The Natatorium; \$8/person:** Enjoy light refreshments and learn how modern customs like costumes, ghost stories, trick-or-treating, and jack-o'-lanterns developed, along with how different cultures around the world celebrate similar traditions.

***Declutter and Organize: Strategies for a Lifetime of Accumulation; FREE-**

- **Friday, October 16, 11:00 am-Noon @ The Natatorium OR**
- **Thursday, December 3, 11:00 am-Noon @ First United Methodist Church, 245 Portage Trail, Cuyahoga Falls**

Helping people part with sentimental belongings isn't just about moving boxes—it's about thoughtfully working through memories while creating a safer, more organized, and manageable living space.

***Twist & Taste: Hands-On Pretzel Making Class; Monday, October 26, 9 am-10 am OR 11 am- NOON @ 69 Graham Rd., Ste 1A, Cuyahoga Falls; \$8/person-** A fun, interactive experience at a local bakery where you get to mix, twist, and bake your own soft pretzels from scratch and enjoy them fresh out of the oven. *Registration opens at 9 am on Tuesday, September 29.*

***Medicare 101; FREE**

- **Wednesday, October 28, 9:30 am-10:30 am @ The Natatorium OR**
- **Wednesday, November 18, 9:30 am-10:30 am @ The Natatorium**

Whether you're new to Medicare or looking for a refresher, this informative session will help you better understand your benefits and available plan options.

***Intro To Technology; Wednesday, October 28, Noon-1 pm @ The Natatorium; FREE-** In this class, we take it slow and learn the specifics of basic computer concepts. This class will provide you with information on the basic vocabulary and concepts essential to using everyday technology. No prior knowledge is needed for this class. You are encouraged to bring and use your personal device to learn these basics.

EDUCATIONAL PROGRAMS

***C'mon CAVS! The History of the Cleveland Cavaliers; Thursday, October 29; Noon-1 pm @ The Natatorium; FREE-** Nick Mileti's dream of an NBA franchise was realized in 1970 with the birth of the Cleveland Cavaliers. Here is the story of 50+ seasons of Cavs basketball in Northeast Ohio.

***Social EYES - 2nd Friday of each month from 10:30 am - 12 pm @ Quirk; FREE-** Join us for some fun and low vision friendly recreation, along with some light education about the newest technology to make life more manageable.

***Healing Through Relationships: Lessons from Remarkable Couples; Wednesday, November 4, 10:00 am-11:00 am @ First United Methodist Church, 245 Portage Trail, Cuyahoga Falls; FREE-** Explore the inspiring stories of remarkable couples, including Abigail and John Adams, Paul Newman and Joanne Woodward, Humphrey Bogart and Lauren Bacall, and Katharine Hepburn and Spencer Tracy. Discover how their love, resilience, and commitment helped them overcome life's challenges and offer timeless lessons in healing, hope, and the enduring strength of the human spirit.

***Sip & Learn: Mocktail Mixology 101; Thursday, November 5; 11:30 am-1 pm @ The Natatorium; \$17/person-** Discover the art of crafting delicious, alcohol-free beverages that are full of flavor and creativity! Included in the registration fee are tools/ingredients needed to craft one masterpiece as well as a small cheese tray to enjoy.

***The Making of "It's A Wonderful Life"; Thursday, November 12, Noon-1 pm @ First United Methodist Church, 245 Portage Trail, Cuyahoga Falls; FREE-** The story behind the making of the 1946 Christmas classic from first idea to movie production to box-office disappointment to eventual holiday favorite.

***Understanding Streaming Services: Wednesday, November 18, Noon-1 pm @ The Natatorium; FREE:** In this class, we will learn about the basics of streaming services, including what they are, how to access them, and why they are useful. We will focus on Netflix, Hulu, HBO Max, and Disney+, as well as free resources, like Kanopy and Hoopla.

***Exploring the Different Styles of Jazz: Swing, Bebop, Cool, Latin, and Fusion; Thursday, November 19, 11 am-Noon @ First United Methodist Church, 245 Portage Trail, Cuyahoga Falls; FREE-** We'll explore how these musical styles differ while also highlighting the common elements that connect them. Through engaging audio examples, you'll learn to recognize the unique characteristics of each style, including the instruments, rhythms, and sounds that help define them.

***Royal Christmas Traditions: From Queen Victoria to Modern-Day Celebrations; Friday, December 4, 11:45 am-1 pm @ The Natatorium, \$10/person-** Step into the magic of a British Royal Christmas as we explore cherished holiday traditions of the royal family—from Sandringham celebrations and Christmas Day customs to gift-giving, Father Christmas, Christmas pudding, carols, and festive traditions that have endured since Queen Victoria's reign. Light refreshments will be provided.

***SCAMS- Thursday, December 10, 9 am-10:15 am @ The Natatorium; FREE-** This class provides practical advice on how to recognize scams, avoid becoming a victim, and what to do if you suspect you've been targeted.

***The Making of "A Christmas Story"; Thursday, December 10, Noon-1 pm @ The Natatorium, FREE-** From the Red Ryder BB gun to the Leg Lamp, here is the story of this how this Christmas favorite was made from director Bob Clark's first idea in 1968 to the 2022 sequel.

***COMING JANUARY 2027- New Year's Grief Navigation Tools"-** The holidays are over but life is not getting back to "normal". Grief is still the unpredictable ocean of emotion. Your heart might still be trying to navigate the swells of grief that ebb and flow. In this seminar we will talk about practical ideas to help you prepare for and navigate a whole new calendar year stretching out ahead of us.

***Autumn Cutie Floral Arrangement: Holiday Arrangement Workshop; Tuesday, October 6, 9 am-10:30 am @ 2473 State Road, Cuyahoga Falls; \$30/person:** Each participant will create their own Autumn Cutie to take home to enjoy which will consist of Fall mums, roses and textural accent arranged in a clear glass cube.

***Raku Workshop; Saturday, October 10 @ Quirk, times vary; \$80:** Join Cuyahoga Falls Parks and Recreation along with local artist Jack Valentine for an exciting Raku pottery experience! Choose from a variety of unique designs created by Jack Valentine to complete and take home. This will be held outdoors, rain or shine. *Registration opens for Cuyahoga Falls residents Sept 13 at 9 am, non-residents Sept 14 at Noon.*

***Holiday Simmer Pot Magic: Fragrant Traditions for the Season; Thursday, October 15, 10 am-11:00 am @ The Natatorium, \$12/person-** In this cozy, hands-on program, participants will learn how to create festive simmer pots using seasonal fruits, spices, and herbs to naturally fill their homes with warm holiday aromas and simple, traditional charm.

***Tapestry Weaving Workshop Starting Tuesday, November 3, 5:30 pm @ Quirk; \$50;** Learn to weave your own beautiful, hand-made tapestry using a loom, needle and comb! Registration fee includes four class sessions and all supplies. *Registration opens October 1 at 9am.*

***Special Edition Night Glaze: Ornaments Wednesday, November 4, 5:45 pm @ Quirk; \$20;** Learn glaze techniques and patterns to create a beautifully hand-painted ceramic holiday ornament in time for the holidays. *Registration opens October 1 at 9am.*

***Special Edition Night Glaze: Holiday Trees Starting Thursday, November 5, 5:45 pm @ Quirk; \$60;** Join us for our holiday themed Night Glaze class! This 4-week special edition class will allow participants to learn glaze techniques and patterns to create a beautifully hand-painted 11" ceramic tree, complete with lights! *Registration opens October 1 at 9 am.*

***A Holiday Goat Milk Soap-Making Workshop-**

Monday, November 16, 10 am-11:30 am OR Tuesday, December 8; 10 am-11:30 am; \$35/person; 4059 Northampton Rd. Cuyahoga Falls

Create 6 of your own luxurious goat milk soaps using farm-fresh goat milk, seasonal scents, and natural ingredients in this festive hands-on workshop at our local farm. Take home your handcrafted soaps to enjoy yourself or package them as thoughtful holiday gifts, while also meeting the goats that make it all possible. *Registration opens September 16 at 9 am.*

***Festive Floral Design: Christmas Wishes; Thursday, December 17, 9 am-10:30 am @ 2473 State Road, Cuyahoga Falls; \$30/person.** Create a long-lasting mix of evergreens, red carnations, pinecones and ribbons arrangement to enjoy during the Holiday Season!

***Glazeware Monthly Membership; Tuesdays or Wednesdays 9 am-12 pm @ Quirk; \$35-** Use our glaze-your-own studio to complete a beautiful ceramic piece of art! Memberships run 4-weeks and include all supplies, glaze and firing.

***Night Glaze- Third Wednesday of the month; 5:45 pm-7:45 pm; @ Quirk; \$20-** Learn glaze techniques and patterns to create a beautifully hand-painted ceramic piece.

Quirky Stitchers -Wednesdays; 2 pm-4 pm @ Quirk; FREE- Open to all needle crafters (no age restrictions): crocheters, cross stitchers, needlepoint, knit, and crewel. Come as long as you wish during scheduled hours.

***Pottery- @ Quirk; days, times & prices vary depending on class;** Get creative with pottery at Quirk! From beginners to advanced artists, our daytime and evening classes make it easy for everyone to find the perfect fit. Space is limited; registration required. Registration open October 4 @ 9 am.

***RecreART; First Tuesday of the month from 6 pm-7:45 pm @ Quirk; \$12/session-** Learn paint techniques & style to recreate famous artworks including pop art, illustration, cubism and modern art.

CREATIVE PROGRAMS

Click for more!

***Watercolor Workshop- First & third Saturdays of the month @ Quirk; 10 am-Noon; \$12/session-** Learn the basics of color mixing, brushstrokes and composition. Supplies are provided.

***Special Edition Watercolor Workshop: Gifts of Fall Saturday, November 21, 10:00 am @ Lions Park Lodge; \$12;** Celebrate the holiday season by creating your own hand painted holiday themed work of art! Your beautiful masterpiece will make a wonderful gift for someone special. *Registration opens October 1 at 9am.*

***Special Edition Watercolor Workshop: Holiday Cards Saturday, December 5, 10:00 am @ Lions Park Lodge; \$12;** Create your own hand painted holiday cards in time for the holidays! *Registration opens November 1 at 9am.*

Chair Caning- Mondays; 9 am-2 pm @ Quirk; Bring your own supplies- Learn 7 step caning, press cane, rush, twill and shaker tape. Bring your own chair and we will help you select the materials you'll need in order to complete your project.

***Stained Glass Mondays 5:30 pm-7:30 pm @ Quirk; \$60;** Discover the art of stained glass! This 3-session stained-glass class offers hands-on training in cutting, grinding, foiling, and soldering glass to create your own stained-glass masterpiece! All skill levels are welcome. *Registration opens @ 9 am on the first day of the month preceding the month in which the class is held.*

***COMING JANUARY 2027- A Keepsake From the Heart-** Create a meaningful keepsake in memory of someone special. This hands-on program offers a comforting way to honor a loved one. Details coming soon!

ACTIVE PROGRAMS

BODY & MIND WELLNESS SERIES

Medicine Wheel for the Modern World: Tuesday, September 22, 8:15 am-9:10 am @ Quirk Cultural Center; Banquet Room; FREE: This Earth-based teaching follows Nature's seasons and cycles and our seasons and cycles. Learning to live in sync with them can help open you to greater self-awareness and guide you through life's ebbs and flows. Come "Walk the Wheel."

***Tai Chi for Health, Balance and Strength: Tuesday, October 13, 9 am-9:55 am @ First United Methodist Church, 245 Portage Trail, Cuyahoga Falls; FREE:** Often called "Meditation in Motion," Tai Chi includes gentle, fluid movements played in sync with your breath. Grounded in Traditional Chinese Medicine (TCM), Tai Chi offers relaxation, strengthening, flexibility, balance, and improved overall health on many levels. **This class requires registration. Call 330-971-8225 to sign up!**

Qigong Guided Meditations: Tuesday, October 27, 8:15 am-9:10 am @ Quirk Cultural Center; Banquet Room; FREE: Learn how you can experience peace and happiness every day, whether your life (or the outer world) is calm or chaotic. Through these guided visualizations and special breathing, you can empower your energy centers and find greater balance between your inner and outer worlds.

Playing with Tai Chi Sticks: Tuesday, November 24, 8:15 am-9:10 am @ Quirk Cultural Center; Banquet Room; FREE: Learn some playful movements with a single stick and two sticks to improve your grip strength, balance, eye-hand coordination and left-right brain integration. (Short sticks will be provided.)



Click for more!

ACTIVE PROGRAMS

Chair Yoga- Tuesdays & Thursdays: 9:30 am-10:15 am @ Quirk; FREE- Practice yoga sitting in a chair to stretch and strengthen your way to a happier you! This class is designed for all ages and skill level to help improve mobility limitations, flexibility, strength, balance & reduce stress.

SilverSneakers Classic Fitness Class- Wednesdays, 10:30 am-11:15 am & Fridays; 10:15 am-11:00 am @ Quirk; FREE- 45 minutes of strength & cardio utilizing chairs, balls, weights & resistance tubing. All ages and ability level welcome. You do NOT have to be a SilverSneakers member to participate.

***Adult Ballet - Tuesdays at 5 pm and 6 pm; Thursdays @ 5 pm; \$10/class @ Quirk-** Class consists of barre, stretching, and center work. The class is designed to improve balance, flexibility, and coordination while moving to classical dance music. Socks or ballet slippers are required.

Strollers/Walkers- Tuesdays 9 am; FREE- Meet @ Quirk-This social walking group meets at Quirk before heading to one of the area's scenic trails, using participants' own transportation. Hikes typically last about two hours round trip, but walkers are welcome to return early and relax on a park bench until the group finishes, then join everyone afterward for an optional self-paid meal at a nearby restaurant.

***River Kayaking Class: Class will begin and end at Water Works Park Little Stone Shelter, \$30 per person;**

**Tuesday, September 22 @ 8 am OR
Friday, October 9 @ 8 am**

Learn basic paddling techniques, kayak safety and rescue techniques before putting your new skills to use on a 4.6-mile morning kayaking trip down the Cuyahoga River.

Silver Pilates-Wednesdays from 12:15 pm-1 pm @ Quirk starting; Quirk; FREE- This class is designed to focus on core, posture, strength & balance utilizing weights, bands and a chair. All equipment is provided!

Northampton Town Hall Fitness Classes; FREE; 851 West Bath Rd, Cuyahoga Falls- Tuesdays: Zumba-6 pm-7 pm & YOGA-7:15 pm- 8:15 pm- Join us for an evening of dancing and relaxing!

***Senior Scoot- September 4, October 2, November 6 and December 4 @ 3 pm @ Quirk; FREE-** This lively class for ages 55 and over will have you moving and grooving, staying active, and meeting new friends. No experience needed. This class is designed for all skill levels to enjoy. Dances can be modified to be done in a chair, as well! Space is limited, please register in advance.

***Senior Ballet Movement Mondays, 11:30 am - 12:15 pm & Thursdays 3 pm-3:45 pm @ Quirk; FREE-** This class is designed to encourage mobility and grace through exercises to music with the support of the ballet barre. Emphasis on posture, muscle awareness and moving with confidence. No dance experience needed.

FREE Natatorium and Water Works Memberships! Are you an active SilverSneakers, PRIME, or Renew Active member? Contact your insurance provider to verify your eligibility and obtain your confirmation code. Then bring your code to The Natatorium to activate your FREE membership! Not eligible through insurance? Visit www.fallsnat.com to learn about membership options.

Classes marked with an asterisk (*) require registration. To register, call 330-971-8225 or scan the QR code.



ADAPTIVE & INCLUSIVE PROGRAMMING

Click for more!

AdaptAble is a city program that aims to provide a welcoming and supportive environment for individuals with developmental disabilities to participate, connect and have fun! Programs are adapted to support people who can participate as much – or as little – as they choose. Everyone of all abilities is welcome to attend.

Please Note the following:

- A caregiver such as a family member or DSP is required to attend, but does not need to register or pay a fee.
- All classes are held at the Quirk Cultural Center, 1201 Grant Ave, Cuyahoga Falls.
- **ALL classes require advance registration for each class, regardless if there is a fee involved. To register, call 330-971-8225 or scan the QR code.**



Weekly Youth Classes

Classes are intended for those under the age of 22 and their siblings

***Together We Move Dance Class; Tuesdays, 4 pm-5 pm @ Quirk Cultural Center, \$5/class:** Inclusive movement for all abilities. Focus on fun, creativity and new friends.

***Fit For All; Thursdays, 4 pm-5 pm @ Quirk Cultural Center, \$5/class:** Fun, accessible fitness routines for all energy levels, strengths and confidence.

***Color Explosion Art Class; Wednesdays, 4 pm-5 pm @ Quirk Cultural Center, \$5/class:** Explore sensory friendly painting, drawing and crafts. Release your creativity!

Weekly Adult Day Classes, beginning September 14

Classes are intended for those ages 16 and older

***Brush Buddies Paint Class; Second Mondays of the month; 9:00 am @ Quirk Cultural Center; \$8/class**
Explore your inner artist! Grab a brush and dive into an exploration of ceramics. This hands-on class focuses on the pure joy of self-expression and painting, giving everyone a relaxed space to experiment with colors and techniques at their own pace.

***“Vibe & Shine” Music Class; Tuesdays @ 10 am @ Quirk Cultural Center, \$5/class:** Let’s make some noise! Join us for an upbeat hour of music appreciation, joyful singing, and rhythm exploration. Whether you want to sing along at the top of your lungs, play a simple instrument, or just sit back and groove to the beat, this is your time to shine.

ADAPTIVE & INCLUSIVE PROGRAMMING

Weekly Adult Day Classes, beginning September 14

Classes are intended for those 16 ages and older

***Move Slow, Feel Good Yoga Class:**

Wednesdays, 12:30 pm, \$5/class: Find your calm and stretch out your day. This gentle, slow-paced yoga session focuses on smooth movements, comfortable stretching, and basic mindfulness techniques. It's the perfect mid-week reset to help you relax your mind and feel great in your body.

***Create & Connect; Wednesdays, 2:00 pm @ Quirk Cultural Center; \$5/class**

Explore your creative side through fun, hands on art projects! This relaxed, supportive class encourages self expression, color exploration, and building friendships through the joy of making art together.

***All classes require registration.
To register, call 330-971-8225
or scan the QR code.***



***Drum Beats Fitness Class; Thursdays @ Noon @ Quirk Cultural Center, \$5/class:**

Adapted Drum Experience for adults with developmental disabilities is a fun, low-impact cardio and coordination program that combines drumming with music and movement to improve physical, cognitive, and emotional well-being.

Weekly Adult Evening Classes, beginning September 1

Classes are intended for those 16 ages and older

***Drum Beats Fitness Class; Tuesdays @ 5:30pm @ Quirk Cultural Center, \$5/class:** Adapted Drum Experience for adults with developmental disabilities is a fun, low-impact cardio and coordination program that combines drumming with music and movement to improve physical, cognitive, and emotional well-being.

***Mingle Makers" Creative Class:**

Thursdays @ 5:30 pm @ Quirk Cultural Center, \$5: Provides an engaging social and creative activity to help participants connect, express themselves, and build meaningful friendships in a welcoming environment. Participants will enjoy a variety of hands-on activities, games, art projects, music, sensory experiences, and group exploration.

***Friday Night Connections, Last Friday of the Month, 5:30 p.m. – 7:00 p.m. @ Quirk Cultural Center, FREE;** Bring your own dinner and drink and we'll provide the sweet treat. Post-dinner fun provides an inclusive social event such as karaoke, bingo, board games, outdoor fun, holiday and seasonal crafts and more.

**** Activities begin at 5:30 p.m.
If you need transition time,
please arrive early.***

COMMUNITY PROGRAMS

Fall Family Fun Festival- Saturday, October 3, 2 pm-5 pm; FREE- Mayor Don Walters and the Parks and Recreation Department are thrilled to continue this fun filled day for a fourth year in a row! Join us for a plethora of family fun which includes crafts, a petting zoo, inflatables, games, food trucks, live entertainment and so much more! Follow our Facebook page for more details!

Quirk-O-Ween- Friday, October 23rd @ Quirk; 4:30 pm -6:30 pm; FREE- Trick or Treat in your favorite costume and enjoy a family friendly event filled with spooktacular games, inflatables, snacks and more!

***Haunted Quirk Ghost Hunt Friday, November 6 at 7:30pm @ Quirk; \$20;** Join Team S.P.E.C.T.R.E. and Curious History on a true ghost hunt throughout the haunted Quirk Cultural Center. All levels of ghost hunting experience are welcome. *Ages 18+. Registration opens October 1 at 9am.*

Tree Lighting Event-Saturday, November, 28; 4:30 pm-6:30 pm; FREE-Join Mayor Don Walters in Downtown Cuyahoga Falls as we hold our annual beloved tree lighting festivities! Live performances, crafts, games, giveaways, food trucks and of course a guest appearance by Santa Clause! Bring family and friends for a fun filled night to remember. More details to come!

Community Sketchbook- FREE at Quirk- Take home the Community Sketchbook (or hang out in the community room) and fill your own page with a drawing, poem, or anything else you can think of. When the sketchbook is full it will become a permanent part of Quirk's collection for everyone to see!

Community Puzzle- Daily at Quirk; FREE Stop by Quirk Cultural Center to help put the pieces of the community puzzle together. Stay as long as you'd like; Relax, unplug and add a piece - or 200! No registration; puzzle lovers are welcome to come any time during the building's normal working hours.

***American Mah Jongg for Beginners TBD @ Quirk; \$40;** Learn to play American Mah Jongg! Join the fun and discover this wildly popular, engaging tile game that keeps you mentally sharp and socially connected. To maximize learning and retention, the course consists of three sessions scheduled close together, providing a total of 8 hours of instruction.

Play American Mah Jongg - Mondays 1 pm-4 pm @ Quirk; FREE; Looking for a group to play Mah Jongg with? This program is designed for experienced players who already know the game and are interested in regular play with others. Please bring your National Mah Jongg League 2026 Card. You're also welcome to bring your own Mah Jongg set, as supplies are limited.

People Serving People- Second & fourth Tuesdays of the month from 9 am-11:45 am (except Holidays)@ Quirk; FREE- A variety of items are made and donated to area nursing homes and a limited number of children's service organizations. Material and easy-to-follow patterns and/or instructions are provided. We are always in the need of sewers, but if you can't sew, you could cut out items to be sewn. We also need those who knit or crochet. All are welcome!

***Ukulele Class Tuesdays 6:45 pm-7:30 pm @ Quirk; \$8-** Learn the basics of ukulele! This class teaches basic strumming patters and you will play familiar songs in a supportive group environment. Bringing your own ukulele is encouraged but there will be instruments for use during class.

Community Band Membership Thursdays from 6 pm-7:30 pm @ Quirk; FREE (volunteer)- The Cuyahoga Falls Community Band is looking for new members! This volunteer music organization rehearses weekly at Quirk in preparation for seasonal concerts throughout the year, including weekly concerts during the summer months in parks throughout the city. New members who play a band instrument are always welcome. For further details, call Quirk at 330-971-8425.



Click for more!

COMMUNITY PROGRAMS

***Voices of Christmas Past: Music from the Renaissance and Elizabethan Eras:**
Tuesday, December 8, 6:30 pm-8:00 pm @ Lions Park Lodge, 641 Silver Lake Ave., Cuyahoga Falls; \$5 per person—Join us for a festive evening of Christmas music performed by talented vocalists, featuring songs from the Renaissance and Elizabethan eras. Doors open @ 6 pm.

Cuyahoga Falls Community Band Holiday Concert FREE @ Quirk; Date to be Announced:
Get in the spirit of the season with our annual Holiday Concert at Quirk! Music lovers of all ages are invited to attend this free concert performance by the Cuyahoga Falls Community Band in the Newell Theater.



THINGS TO KNOW

Programs

Participant Cancellation:

- Cancellation requests received less than 10 business days before the program date may not be eligible for a refund.
- No refunds will be issued for participants who do not attend a program ("no-shows").

Program Registration:

- Program dates and times are subject to change.
- Programs require a minimum number of participants. Please register early to help prevent cancellations caused by low enrollment.

Facilities

Downtown Ice Rink

First day of the season: November 28
Regular hours: Friday–Sunday, 3–8 p.m.

Admission: FREE

Skate rental: \$5 per person

Ice Rink Hours and operating dates are weather permitting. For current information, visit:
<https://www.cityofcf.com/places/ice-skating-rink>

Holiday hours:

December 18–January 4: Noon–8 pm
December 24: 10 am–4 pm
December 25: Closed
December 31: 10 am–4 pm
January 1: Closed
January 3: Noon–8 pm
February 15: Noon–8 pm, weather permitting

The Natatorium- Stay active at this 116,000-square-foot health and fitness center featuring more than 100 land and water fitness classes, indoor pools, a walking/running track, cardio and strength equipment, basketball, pickleball and racquetball courts, and more! Visit www.fallsnat.com or call 330-971-8080 for more information.

Neighborhood Parks- Did you know that Cuyahoga Falls has 26 parks, some which include play equipment, basketball courts tennis/pickleball courts, splash pads, walking trails (just to name a few). For more information, go to:
www.cityofcf.com/departments/parks-recreation/neighborhood-parks



THINGS TO KNOW

Facilities

Brookledge Golf Club- Set across more than 120 acres of scenic landscapes and natural surroundings, Brookledge Golf Club features a beautifully maintained and challenging Arthur Hills-designed course, first-class amenities, friendly staff, and an exceptional setting for golf outings and events. Open Daily 7:00 am-6:00 pm: Want to book a tee time or book a lesson with a pro? Call 330-971-8416 or go to: <https://www.brookledgegc.com/>

Rentals, Community Gardens, Mobile Rec, Adult Sports, Events/Programs: To find out more about what is available to you, go to: www.cityofcf.com/departments/parks-recreation

Downview Sports Center- Enjoy year-round fun for the whole family! Downview Sports Center features an 18-hole miniature golf course, batting cages, a skate park, and a driving range with 32 outdoor tees, 15 covered tees, and 10 heated tees. Hours may vary due to inclement weather. For current hours or more information, call 330-971-8418.

Water Works Aquatics Center Seasonal Passes- Make a splash and save! Purchase your seasonal pass beginning December 1 and enjoy early bird pricing through April 30. Check out our website at: www.cityofcf.com/places/water-works for pricing, hours, amenities and more!

Stay Connected

Monthly Newsletter: Be the first to know what's happening in our Parks and Recreation Department! Sign up for our monthly newsletter to receive the latest on program and services that we offer to Children, Adults, Seniors and Community. Newsletters will be e-mailed out at the beginning of each month.

Sign up here for the Newsletter:
<https://www.cityofcf.com/departments/parks-recreation/subscribe-newsletter> or call 330-971-8225!

Websites:

www.fallsnat.com
www.cityofcf.com/departments/parks-recreation

CFONE Alert: Stay connected with Cuyahoga Falls Online Alerts. Sign up to receive text and email notifications about city emergencies, Parks & Recreation, Downtown events, government meetings, and other important city updates. Customize your alerts to receive only the information that matters most to you.

Go to: https://entry.inspironlogistics.com/cuyahoga_falls/wens.cfm

Facebook Pages:

Cuyahoga Falls Parks and Recreation
Cuyahoga Falls Natatorium

How To Reach Us

Parks & Recreation Office
The Natatorium
Water Works Aquatics Center
Quirk Cultural Center
Brookledge Golf Club
Downview Sports Center

2310 Second St.
2345 4th St.
2025 Munroe Falls Ave.
1201 Grant Ave.
1621 Bailey Rd.
1617 Bailey Rd.

330-971-8225
330-971-8080
330-971-8433
330-971-8425
330-971-8416
330-971-8418